

## CAPMAY 2010 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	4  FRENCH TOAST(B) SYRUP (B) SAUSAGE LINK (B) ORANGE JUICE Milk	5  OATMEAL TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	6  EGG (1 Large) AMERICAN CH.(B) TOAST (B) ORANGE JUICE Milk	7  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk
10  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	11  PANCAKES SYRUP (B) SAUSAGE LINK (B) ORANGE JUICE Milk	12  OATMEAL TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	13  EGG (1 Large) AMERICAN CH.(B) TOAST (B) ORANGE JUICE Milk	14  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk
17  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	18  FRENCH TOAST(B) SYRUP (B) SAUSAGE LINK (B) ORANGE JUICE Milk	19  OATMEAL TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	20  EGG (1 Large) AMERICAN CH.(B) TOAST (B) ORANGE JUICE Milk	21  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk
24  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	25  PANCAKES SYRUP (B) SAUSAGE LINK (B) ORANGE JUICE Milk	26  OATMEAL TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk	27  EGG (1 Large) AMERICAN CH.(B) TOAST (B) ORANGE JUICE Milk	28  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk
31  CEREAL (L) TOAST (B) GRAPE JELLY (B) ORANGE JUICE Milk				